# A Message from Donna Buscio

Dear Friends.

My late husband Captain Dominick Buscio was a dedicated fire captain of the Jersey City Fire Department. Dom was a wonderful husband, father, brother and son to his family, and a true friend to all who knew him. At the age of 39, his life was unexpectedly taken when he surered a heart attack during our ski vacation. Dom was the picture of health. In fact, the results of a complete physical he had only 19 months before his death were normal, except for the presence of a moderately high cholesterol level. Since he was found to be healthy at that time, he decided not to return for his annual physical the following year. While many people his age make the decision not to seek regular checkups, in his case, it resulted in an inconceivable loss to all of us.

I am sharing our experience with others because I have found that my husband's death was not a rarity. Heart attacks are the largest single killer of firefighters. For that very reason, I created the program "A Gift from Captain Buscio," which began in Jersey City and now spans across the State of New Jersey to or strictly confidential, comprehensive cardiovascular and pulmonary evaluations to all firefighters, police, and first responders. These annual examinations are provided by board certified cardiologists and pulmonologists from Cardio Pulmonary Diagnostic.

My intention is not to instill anxiety. On the contrary, it's to provide an opportunity for peace of mind. I'm quite certain that this program would have had Dom's full support, given the current limited opportunities for firefighters to obtain physicals.

For me, this program, which was founded in Dom's memory, is an attempt to keep your occupational risk limited to fighting fires, reducing crime and providing aid to those in need.

This pamphlet provides you with details on the program and how you may benefit from it. If you have any questions or concerns regarding information other than what is available on the captainsgift.com web site, please contact me at dbuscio@captainsgift.com.

Sincerely,

Donna Buscio www.CaptainsGift.com

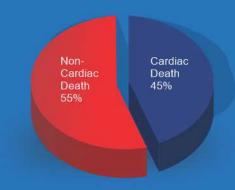
# STATISTICS TELL THE STORY

**Activity During Cardiac Event** 



- EMS/Non Fire
- Fire Station
- Alarm Response
- Alarm Return
- Physical Training
- Fire Suppression

Nearly half of all on-duty firefighter deaths are due to cardiac cause



New England Journal of Medicine
"Emergency Duties and Deaths from Heart
Disease among Firefighters in the United States"

# How "A Gift from Captain Buscio" Works

All current and retired firefighters, police, and emergency responders, and their colleagues are invited to participate in the program throughout the State of New Jersey. They will then have an opportunity to receive confidential comprehensive Cardiovascular and Pulmonary medical evaluations. The medical facility will take the responsibility of billing the Participant's insurance provider (note that the doctors and/or facility may be an out of network provider). These annual examinations are provided by Cardio Pulmonary Diagnostic and their network of providers.

The dedicated team of Providers and Board-Certified Cardiologists and Pulmonologists have generously o ered firefighters, police, and emergency responders medical care since 2001 that is specific to their profession.

Testing will be provided based upon each participant's medical history. Testing may include laboratory, x-ray, pulmonary functions testing, cardiovascular screening and sleep study. Upon completion the participant will be provided with a medical report which they can use at their discretion.

All visits will be scheduled by appointment. Please be prepared to answer questions regarding your personal, family, medical and surgical history, your primary care physicians address and contact number. Bring any recent testing or examination results from another healthcare provider and a list of all medications that you may currently be taking. Fasting the previous night is required for blood work, which is part of the evaluation.

Bring your work ID and/or driver's license along with your insurance card.

To schedule an appointment, call:



# CARDIO PULMONARY DIAGNOSTIC

Elizabeth: 973-596-1200 Secaucus: 201-216-3055 Paramus: 201-556-1225

Lakewood: 732-987-9676

# Please accept Dom's gift to you this year and every year.

Don't wait, schedule an appointment today for the "Gift from Captain Buscio"



**Elizabeth Office** 

973-596-1200

**Secaucus Office** 

201-216-3055

**Paramus Office** 

201-556-1225

Lakewood Office

732-987-9676



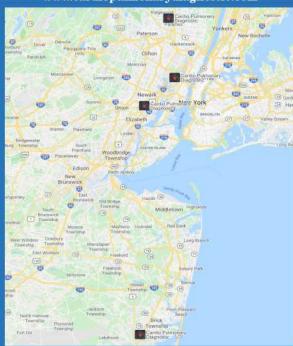
216 Palmer Street, Suite 1A Elizabeth, NJ 07202 Tel: 973.596.1200

1265 Paterson Plank Road, Suite 2D - 2E Secaucus, NJ 07094 Tel: 201.216.3055

> 1 Sears Drive, Suite 401 Paramus, NJ 07652 Tel: 201.556.1225

1255 Route 70, Suite 12-S Lakewood, NJ 08701 Tel: 732,987,9676

www.cardiopulmonarydiagnostic.com



### SPECIAL THANKS TO ...







New Jersey State Policemen Benevolent Association Inc 158 Main Street Woodbridge, New Jersey 070

Professional Firefighters Association of New Jersey 24 W. Lafayette Street Trenton, NJ 08608

FOR YOUR DEDICATED SUPPORT



# CARDIO PULMONARY DIAGNOSTIC

Specialists in Diseases of the Chest



# A Gift Captain Buscio